OKLAHOMA COACHES ASSOCIATION ALL STATE ATHLETE INFORMATION and GUIDELINES

Reporting Dates, Times and Locations:

Trainers	Sunday, July 24	10:30 a.m.	Mabee Center North Lobby
Golf	Sunday, July 24	10:30 a.m.	Mabee Center North Lobby
Baseball	Sunday, July 24	1:00 p.m.	Mabee Center North Lobby
Wrestling	Monday, July 25	10:00 a.m.	Mabee Center North Lobby
Football	Monday, July 25	10:30 a.m.	Mabee Center North Lobby
Volleyball	Monday, July 25	1:30 p.m.	Mabee Center North Lobby
Girls Basketball	Monday, July 25	1:30 p.m.	Mabee Center North Lobby
Swimming	Monday, July 25	3:00 p.m.	Jenks High School
Boys Basketball	Tuesday, July 26	1:30 p.m.	Mabee Center North Lobby
Tennis	Tuesday, July 26	12:00 p.m.	Michael D. Case Tennis Center, TU
Cheerleading	Wednesday, July 27	10:30 a.m.	Mabee Center North Lobby

All athletes will report at the time and place indicated above. <u>If any athlete fails to report on time they will be subject to replacement.</u> If injury, illness or any other extenuating circumstance occurs and prohibits the athlete from participating in the game, the ring and all privileges will be forfeited and if time permits, the athlete will be replaced. Athletes who are unable to participate for any reason should notify the Oklahoma Coaches Association office as soon as possible. The Mabee Center is located at 7777 S. Lewis, ORU Campus. (See map provided.)

Housing:

All athletes except Tennis and Swimming are required to stay in the dormitory. Athletes who live in the Tulsa area will be required to stay in the housing provided. There are no exceptions to this rule! Athletes will check out the day of the game. (**Swimming and Tennis athletes will check-in and out the day of their event. They will not stay overnight.)

The physical address of the Mabee Center is 7777 S. Lewis Ave., Tulsa, OK 74171-0001. The mailing address will be c/o Summer Camp Office, 7777 S. Lewis Ave., Tulsa, OK 74171-0001. The phone number is (918) 495-6409.

Athletes should bring their own bed linen, pillows, and towels. You will be staying in the university dormitories.

Physicals, Insurance and Injuries:

All athletes received an athlete profile form in the packet mailed to your coach. If you have not yet completed the profile, please check with your coach and return the profile as soon as possible. The profile form includes a physical examination form to be completed by a physician. The form must also be signed by a parent or guardian and school principal. Please make sure that your athlete profile is completed in full; any incomplete forms will be returned. The form must be received in the OCA office no later than July 15, 2011. You will not be allowed to practice or participate in any activities until you meet this requirement. Players must report injury-free and ready to practice.

The Oklahoma Coaches Association insures all athletes. If injured after reporting to camp, an athlete should get an insurance claim form from the athletic trainer and complete the information requested on the form. Return the form to the trainer for his/her signature. The completed form should be forwarded to Milt Bassett, Executive Director, Oklahoma Coaches Association, 8080 Crystal Park Dr., Oklahoma City, OK 73139, for processing. To be honored, the form must be completed and forwarded within thirty (30) days.

General:

You will receive a practice and meal schedule at the time of check-in.

<u>The Oklahoma Coaches Association will furnish the All State uniforms</u>. The athlete or his/her school furnishes all other athletic equipment. All athletes should bring their own practice clothing and shoes.

Athletes are allowed to drive their own cars. Keys will not be confiscated. The All State athletes are young adults and are responsible for their own actions. Athletes are allowed to leave campus but must make curfew, practice and meeting times. Transportation will not be provided to practice sites or the All State venues.

Each athlete will receive an All State ring award <u>only if</u> they participate in his / her sporting event. If injury, illness or any other extenuating circumstance occurs and prohibits the athlete from participating in the game, the ring and all privileges will be forfeited and if time permits, the athlete will be replaced.

Any involvement with illegal drugs, alcohol or tobacco will be grounds for suspension from the team and forfeiture of all privileges and awards.

Dress/Hair Code:

All hair is to be neat and clean and must be kept out of the eyes. It is recommended that all young men be clean-shaven; however, if beards and mustaches are necessary, they must be neatly trimmed. Those not willing to comply will be replaced.

2011 All State Games:

During check-in, the All State athletes will be welcomed to the 2011 All State games by Kyle Fowler, President; Greg Werner, Vice-President, and Strippy Biggers, Game Coordinator.

Each All State athlete will be given an All State t-shirt and will be admitted free to all athletic events, provided he/she is wearing their All State t-shirt.

The East will be the home team in all games.

The following information pertains to each individual sport:

- <u>Football</u>: Football players should bring all necessary equipment to practice and play in a football game mouthpiece, elbow pads, shoulder pads, shoes, etc. The OCA will provide the helmets. All football players will be required to wear the official OCA helmet for insurance purposes. All players should bring white pants and shoes for practicing on turf and grass.
- <u>Baseball:</u> The Oklahoma Coaches Association furnishes balls, catchers' helmets, batting helmets, and the game suits for the game. Each baseball player should bring his own bat. Catchers should bring their own catching gear.
- Tennis: The East team should bring blue shorts and the West team should bring red shorts.
- Cheerleaders: Cheerleaders should bring white shoes. Uniforms will be provided.
- Trainers: Bring shorts; shirts provided. Fanny packs if possible come prepared as you would for a game.
- Golf: Bring golf clubs.
- <u>Swimming:</u> Caps will be provided.
- Wrestling: Uniforms provided; all wrestlers must be within twelve (12) lbs. of weight. Any wrestler who makes weight within ten (10) lbs. counts as his official weigh-in and will not have to weigh in again.
- Volleyball: Please bring black spandex volleyball shorts. Uniform top will be provided.
- <u>Basketball:</u> Uniforms will be provided.

Ticket prices

Wrestling	\$5.00	***All seats are General Admission.
Baseball	\$5.00	
Basketball	\$5.00	***Tickets for sporting events will be available at the venue on the day of
Football	\$5.00	the event.
Tennis	\$5.00	
Volleyball	\$5.00	
Swimming	\$5.00	

Event Dates and Location:

Golf	July 25, 2011	8:30 a.m.	Cherokee Hills Golf Club
Swimming	July 25, 2011	6:00 p.m.	Jenks High School
Baseball	July 25, 2011	SM - 4:30 p.m. / LG – 7:00 p.m.	J.L. Johnson Stadium, ORU
Wrestling	July 26, 2011	8:00 p.m.	Bixby High School
Volleyball	July 26, 2011	SM - 6:00 p.m / LG – 7:30 p.m.	Broken Arrow High School
Tennis	July 26, 2011	5:30 p.m.	Michael D. Case Tennis Center, TU
Girls Basketball	July 27, 2011	SM - 7:00 p.m. / LG - 8:30 p.m.	Mabee Center, ORU
Boys Basketball	July 28, 2011	SM - 7:00 p.m. / LG - 8:30 p.m.	Mabee Center, ORU
Football	July 29, 2011	8:00 p.m.	Tiger Memorial Stadium, Broken Arrow HS

Cheerleaders will cheer at the All State Girls Basketball, Boys Basketball and Football games.

Please check www.oklahomacoaches.org for any updates or changes.

If you have any questions, please call the OCA office at (405) 635-9300. Our office hours are Monday through Thursday, 8:30 - 3:30 and Friday, 8:30 - noon.

www.oklahomacoaches.org

^{*}Transportation will not be provided to practice sites or the All State venues.