



OKLAHOMA COACHES ASSOCIATION ALL STATE ATHLETE INFORMATION and GUIDELINES

Reporting Dates, Times, and Locations:

Golf	Monday, July 24	8:00 a.m.	Cherokee Hills Golf Club
Swimming	Monday, July 24	4:00 p.m.	Mitch Park YMCA
Volleyball	Tuesday, July 25	1:00 p.m.	Marriott Southern Hills
Tennis	Tuesday, July 25	2:00 p.m.	Michael D. Case Center, TU
Football	Wednesday, July 26	9:00 a.m.	Noble Complex, OBU
Training Aides	Wednesday, July 26	9:00 a.m.	Noble Complex, OBU
Girls Basketball	Wednesday, July 26	1:00 p.m.	Marriott Southern Hills
Wrestling	Wednesday, July 26	3:00 p.m.	Marriott Southern Hills
Cheerleading	Thursday, July 27	10:00 a.m.	Noble Complex, OBU
Boys Basketball	Thursday, July 27	1:00 p.m.	Marriott Southern Hills

All athletes will report at the time and place indicated above. **If any athlete fails to report on time, they will be subject to replacement.** If injury, illness, or any other extenuating circumstance occurs and prohibits the athlete from participating in the game, the ring and all privileges will be forfeited and if time permits, the athlete will be replaced. Athletes who are unable to participate for any reason should notify the Oklahoma Coaches Association office as soon as possible.

Cherokee Hills Golf Club: 777 West Cherokee St., Catoosa, OK 74015

Mitch Park YMCA: 2901 Marilyn Williams Dr., Edmond, OK 73034

Marriott Southern Hills: 1902 E. 71st St. S., Tulsa, OK 74136

Michael D. Case Center: University of Tulsa, 600 S. College Ave., Tulsa, OK 74104

Noble Complex: Oklahoma Baptist University, 500 W. University St., Shawnee, OK 74804

Housing:

Football players, Cheerleaders and Student Training Aides are required to stay in the dormitories on the OBU Campus. There are no exceptions to this rule! These athletes should bring their own bed linen, pillows, and towels.

All other athletes (Basketball, Volleyball, Wrestling, Tennis, Swimming and Golf) will check-in and out the day of their event. They will not stay overnight.

Physicals, Insurance, and Injuries:

All athletes should receive an athlete profile and physical form in this email to their coach. The physical examination form should be completed by a physician. The form must also be signed by a parent or guardian and school principal. If you have not yet completed the profile, please check with your coach. You can also print the profile from www.oklahomacoaches.org. Look under All State Information. Return the athlete profile as soon as possible. Any incomplete forms will be returned. **The form must be received in the OCA office no later than July 12, 2023.** *You will not be allowed to practice or participate in any activities until you meet this requirement. **Players must report injury-free and ready to practice.***

The Oklahoma Coaches Association insures all athletes. If injured after reporting to camp, an athlete should get an insurance claim form from the athletic trainer and complete the information requested on the form. Return the form to the trainer for his/her signature. The completed form should be forwarded to Wayne Dozier, Executive Director, Oklahoma Coaches Association, 8080 Crystal Park Dr., Oklahoma City, OK 73139, for processing. To be honored, the form must be completed and forwarded within thirty (30) days.

General:

The Oklahoma Coaches Association will furnish the All State uniforms. The athlete or his/her school furnishes all other athletic equipment. All athletes should bring their own practice clothing and shoes.

Athletes staying overnight can leave campus, but must make curfew, practice, and meeting times. Transportation will not be provided to practice sites or the All State venues.

Each athlete will receive an All State ring award **only if** they participate in his / her sporting event. If injury, illness, or any other extenuating circumstance occurs and prohibits the athlete from participating in the game, the ring and all privileges will be forfeited and if time permits, the athlete will be replaced.

Any involvement with illegal drugs, alcohol or tobacco will be grounds for suspension from the team and forfeiture of all privileges and awards.

Dress/Hair Code:

All hair is to be neat and clean and must be kept out of the eyes. It is recommended that all young men be clean-shaven; however, if beards and mustaches are necessary, they must be neatly trimmed. Those not willing to comply will be replaced.

2023 All State Games:

During check-in, the All State athletes will be welcomed to the 2023 All State games by Richard Carney, President; Joe Turner, Vice-President and Strippy Biggers, Games Coordinator.

Each All State athlete will be given an All State t-shirt and will be admitted free to all athletic events, provided he/she is wearing their All State t-shirt.

The West will be the home team in all games.

The following information pertains to each individual sport:

- **Football:** Football players should bring all necessary equipment to practice and play in a football game – helmet, mouthpiece, elbow pads, shoulder pads, shoes, etc. All players should bring white pants and shoes for practicing on turf and grass.
- **Tennis:** The East team should bring blue shorts and the West team should bring red shorts.
- **Cheerleaders:** Cheerleaders should bring white shoes. Uniforms will be provided.
- **Trainers:** Bring shorts; shirts are provided. Fanny packs if possible – come prepared as you would for a game.
- **Golf:** Bring golf clubs. Shirts will be provided.
- **Swimming:** Caps will be provided.
- **Wrestling:** Uniforms provided; all wrestlers must be within twelve (12) lbs. of weight. Any wrestler who makes weight within ten (10) lbs. counts as his official weigh-in and will not have to weigh in again.
- **Volleyball:** Please bring black spandex volleyball shorts. Uniform top will be provided.
- **Basketball:** Uniforms will be provided.

Ticket prices

Wrestling	\$5.00
Basketball	\$5.00
Football	\$5.00
Tennis	\$5.00
Volleyball	\$5.00
Swimming	\$5.00

All seats are General Admission.

Tickets for sporting events will be available at the venue on the day of the event.

Event Dates and Location:

Golf	July 24, 2023	8:30 a.m.	Cherokee Hills Golf Club
Swimming	July 24, 2023	5:30 p.m.	Mitch Park YMCA
Tennis	July 25, 2023	5:30 p.m.	Michael D. Case Center, TU
Volleyball	July 25, 2023	LG - 6:00 p.m. / SM – 7:30 p.m.	Frank Herald Field House, Jenks HS
Wrestling	July 26, 2023	7:00 p.m.	Union High School
Girls Basketball	July 26, 2023	SM – 7:00 p.m. / LG – 8:30 p.m.	Chieftain Center, Sapulpa HS
Boys Basketball	July 27, 2023	SM – 7:00 p.m. / LG – 8:30 p.m.	Chieftain Center, Sapulpa HS
Football	July 28, 2023	7:00 p.m. Kick-Off	Crain Family Stadium, OBU

Practice Schedules will be handed out after check-in, during orientation. Practices will take place on the day of your game, except for Football and Cheerleading. Football and Cheerleading will practice during their stay at OBU.

Pre-game festivities will begin 30-minutes prior to game time for all sports except for Football. Football Pre-Game festivities will begin 45-minutes prior to kick-off.

*Transportation will not be provided to practice sites or the All State venues.

Please check www.oklahomacoaches.org for any updates or changes.

If you have any questions, please call the OCA office at (405) 635-9300. Our office hours are Monday through Thursday, 8:30 – 3:30 and Friday, 8:30 - noon.

